

ICHOM

International Consortium for
Health Outcomes Measurement

ICHOM Diabetes Set: A tool for measuring and improving care based on outcomes that matter to patients

Dr Neo Tapela
Chief Scientific Officer, ICHOM

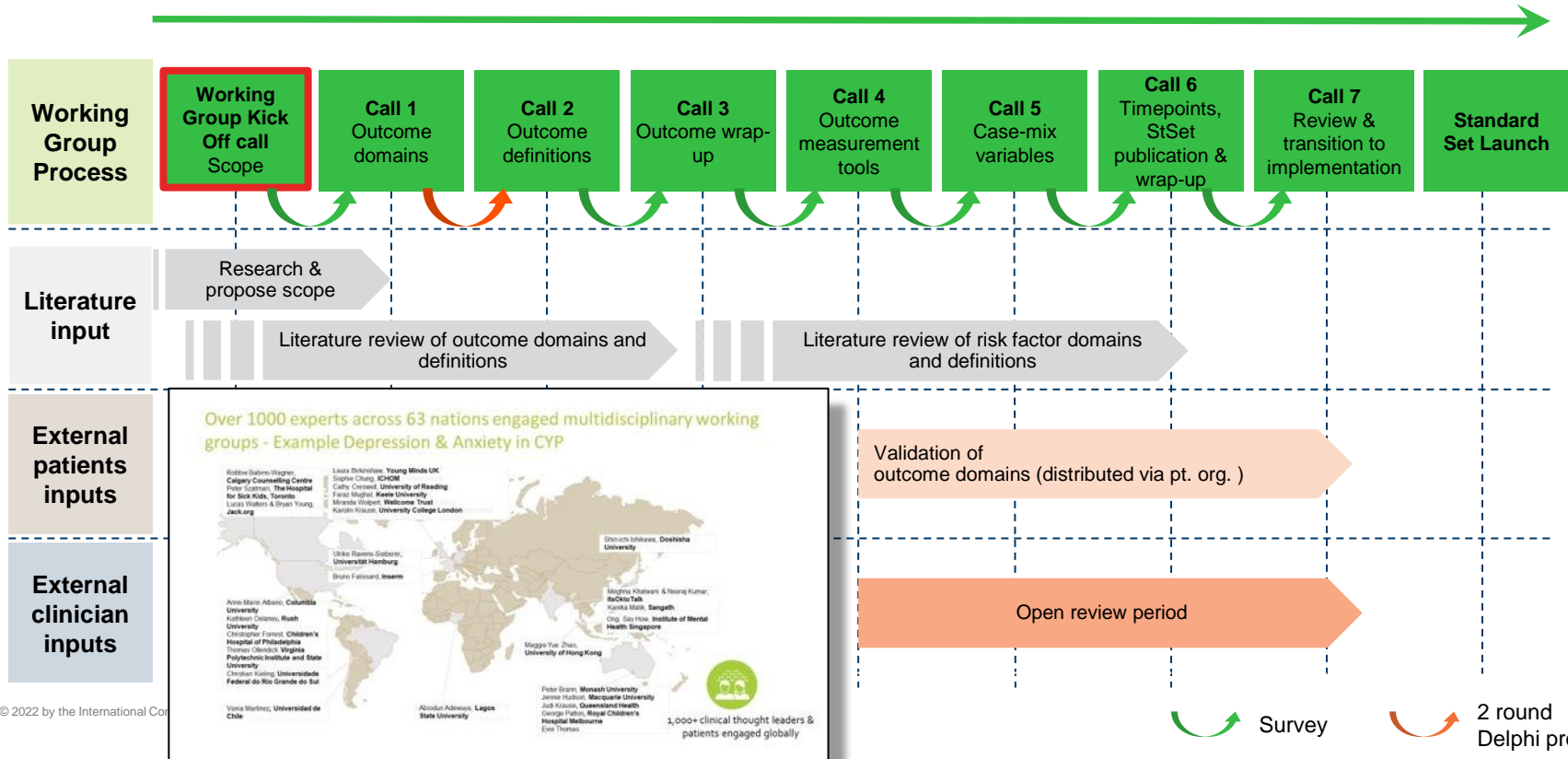


ICHOM develops Sets of Patient-Centred Outcome Measures, which are key to:

- Ensuring that care and treatment serves the needs of patients
- Improving quality of care and clinical pathways based on evidence
- Understanding disparities in health status
- Transitioning away from fee-for-service to fee-for-value models



Sets are developed using a scientifically sound, inclusive, Delphi consensus process, working with international multidisciplinary working groups

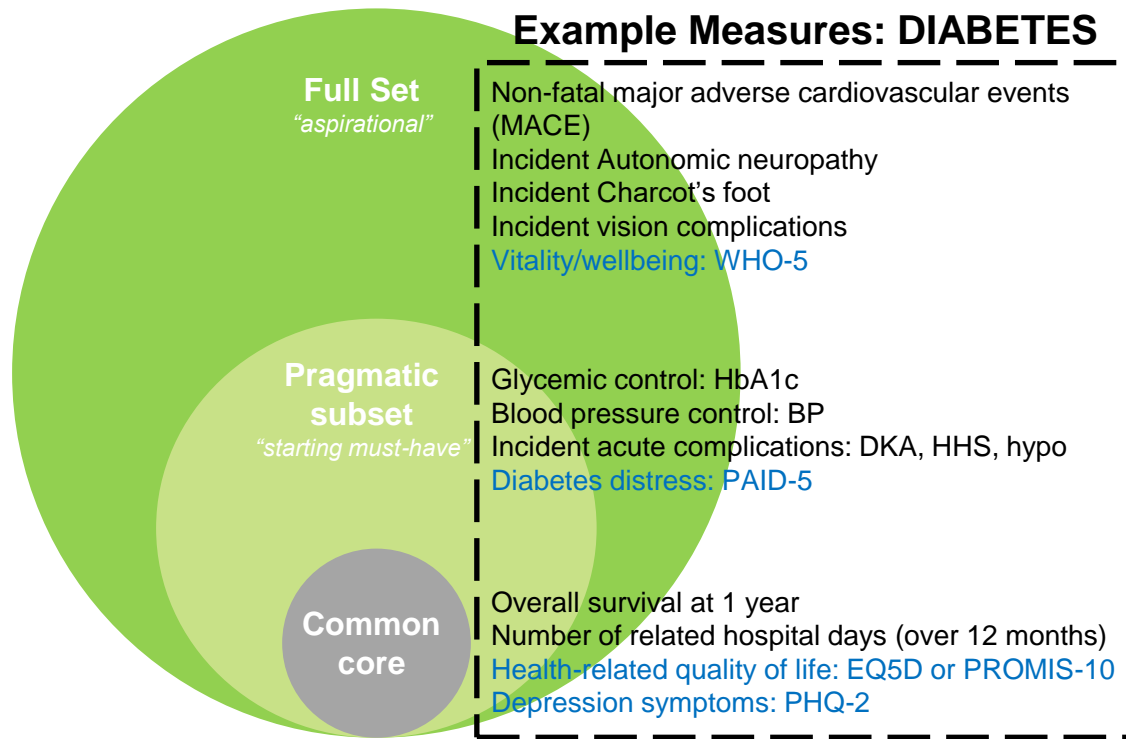


Patient voice is amplified in various ways

- Inclusion of **patients as active, voting members** in working groups
- Using **Open review surveys** to gather feedback on proposed Set from multiple patient communities around the world
- Ensuring **Patient-Reported Outcomes** are a key component of the Sets

Outcomes that matter to people living with Diabetes

Example Measures: DIABETES

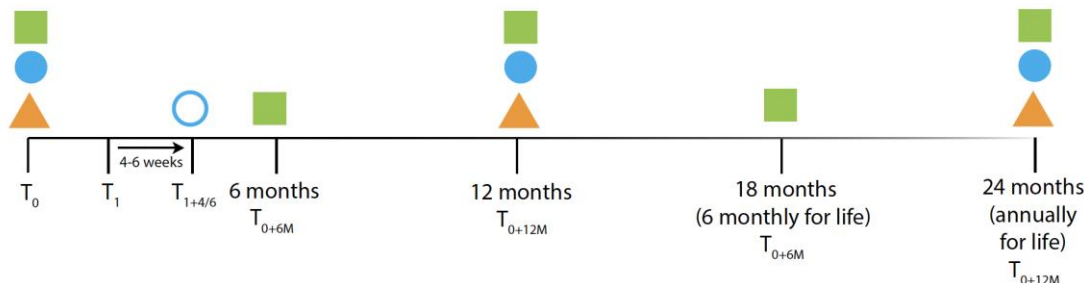


Standardization helps to draw reliable conclusions from the data

Patient population

Conditions	Type 1 Diabetes Type 2 Diabetes
Populations	Adults Aged 18 years and Above
Treatment Approaches	Non-Pharmacological Therapy Non-Insulin-based Pharmacological Therapy Insulin-based Pharmacological Therapy
Excluded Populations	Children and Young persons below 18 years
Excluded Conditions	Diabetes mellitus types other than 1 and 2 Secondary Diabetes Gestational Diabetes

Data collection time points



Case mix factors

Sociodemographic factors

- Age
- Sex
- Race / ethnicity
- Education level

Lifestyle behavior

- Smoking status
- Alcohol use
- Physical activity

Disease factors



- Diabetes type
- Duration of diagnosis
- Comorbidities

Treatment factors

- Treatment type

45 Sets available, developed by 1000+ international experts, published in high impact journals and implemented in settings in 42+ countries

Sets peer reviewed and freely available on our web-site

Flyer	Reference Guide	Academic Publication
		
<ul style="list-style-type: none"> Two-page overview of ICHOM Set and Working Group 	<ul style="list-style-type: none"> Full detail of the ICHOM Set for institutions interested in collecting Includes measure definitions, coding instructions, and sample questionnaires 	<ul style="list-style-type: none"> Peer-reviewed publication Explains process to arrive at ICHOM Set and motivation for selected measures

www.ichom.org
https://vimeo.com/111976337




ICHOM resources available to help you on your value-based care journey...

- **Sets** of patient-centered outcome measures
- Expert **advise and training** on where to start, how to analyze
- **Global community** of pioneers implementing value-based care
- Referral to **vetted technical and implementation partners**
- Annual **Conference**: October 9-11 2023, Barcelona, Spain

Website: www.ichom.org

Email: n.tapela@ichom.org

LinkedIn: @NeoTapela

